

Keep Kids Safe This Summer

With kids out of school and spending more time at home and outdoors, here are some tips for keeping them safe.

Water Safety

- Never allow kids to swim alone. Identify a “water watcher” to watch them in any body of water.
- Make sure kids wear life jackets while boating.
- At the beach, follow lifeguard instructions and observe flags that signal warnings or hazards.

Heat Safety

- Never leave kids unattended in a car. Keep your vehicle locked to prevent them from entering on their own.
- Make sure kids drink plenty of water, even if they say they’re not thirsty.
- Dress kids in loose and light clothing and have them avoid too much direct sun.

Internet Safety

- Set and maintain screen time limits.
- Talk to your kids about internet safety issues – including what information they share and with whom.
- Get started with an internet safety contract at ncdoj.gov/familytech.

Firearm Safety

- If you’re a gun owner, always lock any guns in your home or vehicle.
- When you lock up your gun, make sure your kids don’t know where you keep the key or can’t guess the combination of the safe.
- Talk to other families about how they store their firearms.